

How to Tame a Cougar by Dee Carney

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Title: How to Tame a Cougar
Author: Dee Carney
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Shawna and Damian are at their last day of work in a hospital wing that is closing in Dee Carney's How to Tame a Cougar. Shawna's last patient has had an accident on Shawna. Since she didn't want to go home dirty, she decides to take a shower in a patient's room. When she comes out of the shower, where she had been fantasizing about Damian, he is waiting for her. He takes her to his favorite place, the solarium in the closed wing. When Shawna discovers Damian's age she is reluctant to begin a relationship with him because she is older than him. But as Shawna struggles with trying to find a man her own age, she still thinks of Damian and decides to take a chance with him. As an older woman I am drawn to cougar tales. I enjoyed How to Tame a Cougar. It was believable to me. I could understand Shawna's reluctance to get involved with a younger man. She has her fears over him leaving her because she's aging and her body isn't a young, tight body anymore. But I like how Damian doesn't see the limitations Shawna does and tries to make her see that he's ready to make plans for a future together. He'll even accept her terms to have that future. The bar scene was just so realistic I had to laugh. There is always the one guy hitting on all the women until one finally accepts his drink and goes home with him. I liked Shawna's friend Ashlee who is straightforward with Shawna. She tells Shawna to compare Damian with the guy at the bar. She's always on Damian's side. Ashlee's a friend to keep and treasure. How to Tame a Cougar was a fun, quick read that made me want to see Shawna accept the love Damian has to offer regardless of their ages.